





DIABETES MANAGEMENT PROGRAM

Healthier living made easier



Your health and the health of your family is important to Blue Cross Blue Shield of Michigan. With that in mind, the Diabetes Management program by Teladoc Health is now being offered so you can live your healthiest life and feel your best.

Tools and support, tailored to you:



Expert coaching

Coaches provide guidance and offer real-time support for out-of-range readings.



Unlimited strips

Get as many strips and lancets as you need, delivered right to your door.



A connected meter

The meter provides real-time tips and automatically uploads your blood sugar readings.

Get started today

Visit TeladocHealth.com/Register/BCBSM or call Teladoc Health Member Support at 800-835-2362.

To enroll in Teladoc Health, you must opt in to at least one program that Blue Cross Blue Shield of Michigan offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Teladoc Health program is not offered by Blue Cross Blue Shield of Michigan, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite TeladocHealth.com/Bienvenido/BCBSM

Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a tablet or phone.

The program is offered at no cost through your employer's sponsored Blue Cross Blue Shield of Michigan and Blue Care Network health plan to members and covered dependents with diabetes.

We take your privacy seriously. Your identifiable health information, like blood sugar readings, are protected through federal and state laws, including Health Insurance Portability and Accountability Act (HIPAA), and will not be shared with any third party in a manner that violates federal or state law.

Teladoc Health is an independent company that provides chronic condition management services on behalf of Blue Cross Blue Shield of Michigan and Blue Care Network.

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