



Smarter diabetes management

Now there's a personalized way to help manage diabetes. Get the tools and support to track blood sugar levels and develop healthier lifestyle habits.

Program includes:



One-on-one coaching, action plans and tips when you need them



A connected blood glucose meter \$200 value



Unlimited strips and lancets



24/7 real-time support for out-of-range readings

Get started

Join by visiting TeladocHealth.com/Register/BCBSM
or call **800-835-2362** and use registration code: **BCBSM**

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite TeladocHealth.com/Bienvenido/BCBSM

The program is offered at no cost through your employer's sponsored Blue Cross Blue Shield of Michigan and Blue Care Network health plan to members and covered dependents with diabetes. We take your privacy seriously. Your identifiable health information, like blood sugar readings, are protected through federal and state laws, including Health Insurance Portability and Accountability Act (HIPAA), and will not be shared with any third party in a manner that violates federal or state law.

Teladoc Health is an independent company that provides chronic condition management services on behalf of Blue Cross Blue Shield of Michigan and Blue Care Network.

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