



Caring for others can be overwhelming.

Confidently navigate the path ahead with support from Cariloop

There is no one-size-fits-all approach to providing care. It's complicated and often unfamiliar territory but it's our mission to make sure you don't go through this alone. Our no-cost, employer-sponsored benefit provides resources and solutions that meet the unique needs for you and anyone you consider family.



Family Planning
Prenatal prep and
leave support



Early Childhood & Teens
Daycare, nanny or
babysitter placement



Mental Health Support
Locating and vetting
counselors or therapists



Medicare & Retirement
Navigating and vetting
insurance and financial
options



Veterans Support
Understanding VA benefits
and eligibility



Elder Care
Vetting assisted living
and hospice



Connect with a
Care Coach for
expert guidance



Track medications, providers
and delegate care needs to
your loved ones



Explore a library of
content to further your
care education



Find assistance and
resources with planning
and managing care

Once I create my account, how do I access it?

You can log into Cariloop any time by visiting cariloop.com and clicking the "Login" button at the top right corner of our homepage. We also encourage you to download our mobile app, which is available in the Google Play and the iOS App Store.

How do I invite my family members to join?

Go to Care Team under Your Care Recipients and click "Invite Member." Once you add your family member's information and hit send, an email will be sent to them asking them to join as a guest.

Can I use Cariloop for a loved one that isn't on my insurance? What if they live in a different state?

Cariloop is available for anyone in your life that you consider family or a friend, and you do not have to live in the same city or state as your loved one. If you are taking time out of your day to care for someone, you can use Cariloop to find support.



Your employer pays for your Cariloop membership.

Activate it now!

- 1 Register at cariloop.com/register
- 2 Connect with a Care Coach and share your needs
- 3 Access tools and a community within the Care Portal

